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Investigating the Effects of Variable Valve Timing on Spark Ignition Engine Performance

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ABSTRACT

In this study, a prototype four-stroke spark ignition engine with four cylinders (two valves per cylinder), with and without turbocharger, as well as variable valve timing system to adjustment of variable valve duration has been investigated. This study covers the effects of intake valve opening (IVO), Intake valve closing (IVC), exhaust valve opening (EVO) and exhaust valve closing (EVC) angles on engine performances and fuel economy. The calculations of engine performance were carried out using the 1-Dimensional simulation with AVL BOOST software. The effects of different valve timing strategies and a combination of them from simulations were analyzed and compared with the reference fixed valve timing cases. It was shown that substantial improvements in fuel consumption and performance can be achieved. The improvements of Indicated Specific Fuel Consumption (ISFC) are remarkable in turbocharged models. Furthermore, we can see the noticeable improvements in torque and power in the naturally aspirated engine.

Keywords: spark ignition engine; variable valve timing; turbocharger; AVL BOOST; engine performance; fuel consumption.

INTRODUCTION

One of the major problems in automotive industries become apparent in the form of pumping losses during the intake of atmospheric gasses and discharge of exhaust gases in Spark Ignition (SI) engines. There are different methods to overcome and solve these losses and to optimize the aspiration and discharge of exhaust gases. In addition, the European Union has signed the Kyoto protocol [10] to reduce the greenhouse and anthropogenic emissions. Therefore, the control of these emissions was added to the numerous constraints that vehicle manufacturers have to conform to. Consequently, to overcome the problems that were explained above, one main solution that industries have been used is Variable Valve Timing (VVT). As the Figure 1 shows, VVT allows the cam profile to change at diverse loads and speeds. The controlling parameters for VVT are

the intake and exhaust valve event durations, the overlap and the position of these events relative to the piston motion [16, 2].

Different attempts have been made to devise the methods of developing and applying VVT to improve the engine performance. One of early study by Luria [15] derived that enforcing variations in the IVC could be advantageous. Fontana [7] utilized detailed computer simulations of physical traits to indicate that in both single and multi-cylinder engines, late IVC (LIVC) can diminish the pressure tension caused by manifold pulsations. If some of the new charge is pumped backward, a more uniform residual gas distribution between the cylinders will be achieved. In the article by Tuttle [18], the authors reported that LIVC will not increase the fuel consumption. This is contrary to the results of paper [19] in which LIVC caused a 4-cylinder 4-stroke engine to improve full-load engine efficiency by



Figure 1. Actual valve timing for a four-stroke spark ignition engine [3]

11%. Although late EVO (LEVO) decreases the exhaust gas pressure and requires work for pumping out, Hara [9] found that it could improve volumetric efficiency if the exhaust gas is fully pumped out by the piston because no residual gas will remain inside. Kang [12] equipped a diesel engine with a pneumatic inlet valve controller which acts using a nonlinear mean value model under wide-gap dynamic conditions and the results show some improvement. Benson [3] demonstrated that a 4-cylinder 4-stroke diesel engine can benefit from LIVC with regard to fuel savings, volumetric efficiency and residual gas discharge. Similarly, Saunders [17] showed that an overall VVT approach can improve fuel economy in diesel engines. Fiorenza [6] concluded that a continuous VVT can increase the output torque. Caufield [4] reported that VVT can decrease the fuel consumption in small spark-ignition (SI) engines through accurate fluid path simulations. The VVT was shown to be of even greater benefit for auto ignition diesel engines by Cao [13], who discussed its effect on gas composition and combination. Ghazal and Borowski investigated the effect of different water mass flow rates and air/fuel ratio on the SI engine emissions and performance as well [8].

The objective of this study is to model and optimize the VVT system design and operation for maximum system benefits and to derive the valve timing strategies for the VVT mechanism. The system should be simple in construction, operation and easily adaptable to the base engine. In order to obtain the closest results to the real life, all the geometrical, chemical and physical data pertaining to the engine should be entered as close to the actual values as possible. Some engine parameters may be confidential to the company, they should be applied appropriately near the nature of a spark ignition engine's characteristics. The base engine was simulated in 1D virtual Engine simulation tool software AVL BOOST. This programme has advanced models for accurately predicting the engine performance, acoustics and the effectiveness of exhaust gas after treatment devices [11]. The performance of developed simulation model was compared with the actual performance of the base engine. The simulation model was then further used to study the effects of variable valve timing at different engine speeds (low to high) on the engine performance (especially effective torque and effective power) and fuel consumption. In addition, the VVT systems have an effect on the exhaust gas emissions; however this isssue was not investigated in the present study. For this purpose, the models were investigated in two modes; first, when just one valve port is shifted and second, when more than two ports are shifted at the same time to gain the best results. Although the variable valve lift also has a significant influence on the performance of the engine [5, 1, 13], we focused on different combinations of intake and exhaust valve timing tried in 1D simulation model to study their effects on the effective performance of the engine.

MODELLING

Layout of 4-cylinder engine without turbocharger

As Figure 2 indicates, a 4-stroke engine consisting of 4 cylinders, 2 valves per cylinder that have two catalysts was used for simulation. This model has 26 pipes as connections and 3 boundary systems. Table 1 shows the main specifications of the engine.

In the Combustion menu, one of the most known functions "Vibe" is selected. The simplest approach to the model combustion process would be the direct specification of heat release rates which can be determined from the pressure curve history. The dimensionless heat input characteristics has to be specified over crank angle. Total heat supplied each cycle can be determined based



Figure 2. 1D engine cycle simulation model

on the amount of fuel inside the cylinder and A/F ratio. On the basis of total heat supplied, AVL BOOST calculates actual heat input per degree crank angle. The vibe function can calculated from equations (1-4) as follows:

$$\frac{dx}{d\alpha} = \frac{a}{\Delta\alpha_c} \times (m+1) \times y^m \times e^{-xy^{(m+1)}}$$
(1)

$$dx = \frac{dQ}{Q} \tag{2}$$

$$y = \frac{\alpha - \alpha_{\circ}}{\Delta \alpha_{c}}$$
(3)

$$x = \int \frac{dx}{d\alpha} \times d\alpha = 1 - e^{-xy^{(m+1)}}$$
(4)

Where Q is the total fuel heat input, α is crank angle, α_o is the Start of combustion, $\Delta \alpha_c$ is combustion duration, m is the shape parameter and α is vibe parameter that is equal to 9 for complete combustion. The fraction of fuel

complete combustion. The fraction of fuel mass burnt since start of combustion can be computed from vibe function integral in which x is mass fraction burned. For vibe function in this simulation, the shape parameter 'm' and parameter 'a' were set 2.2 as 6.9, respectively. Figure 3 shows the curves of the vibe function.

In valve port specification for inner valve seat diameter of intake and exhaust valves, we set 23.4 mm and 25.4 mm, respectively. The surface areas corresponding to the ports for intake and exhaust valves are 17000 mm² and 16000 mm², respectively.

Layout of 4-cylinder engine with a turbocharger

As Figure 4 shows, this 4-stroke engine is the same as the previous engine but equipped with two turbochargers and two intercoolers. For steady state engine performance, a simplified turbocharger model was used for the simulation. Within this model ,the dynamics of the turbocharger (i.e. the variation of the turbocharger speed) are not considered. Furthermore, the turbocharger efficiency is kept constant during the

Table 1. Specifications of engine

Engine	Four stroke SI
Displacement	1.787 Litre
Bore	82 mm
Stroke	84.6 mm
No of cylinders	4
Compression ration	12
Speed	1000–7000 rpm
Intake valve duration	268 degrees
Exhaust valve duration	279 degrees



Figure 3. Vibe function for the engine without a turbocharger



Figure 4. 1D turbocharged engine cycle simulation model

engine cycle. As many test calculations have proven, this model provides good accuracy for steady state engine calculations. It is very convenient to work with this model, as only the mean values for the compressor efficiency, the turbine efficiency, and the mechanical efficiency of the turbocharger must be specified. This reduces the required input dramatically in comparison to the full turbocharger model where entire compressor and turbine maps must be defined. Since turbine performance maps are rarely provided by turbocharger manufacturers, this simplified solution is usually the only alternative. All the parameters including boundary conditions, valves specifications, vibe function and heat transfer are the same as previous model. The differences between the two models are in the compression ratio, so in the turbocharged model, the compression ratio is 10. Table 2 shows the specifications of the turbocharged engine.

RESULTS AND DISCUSSION

Conventional engines (without VVT)

After preparing the models and building all the connections between the elements and entering necessary data, the models are ready to run .As mentioned previously, it is very important to

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Engine	Four stroke SI
Displacement	1.787 Litre
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Stroke	84.6 mm
No of Cylinders	4
Compression Ration	10
Speed	1000–7000 rpm
Intake Valve Duration	268 degrees
Exhaust Valve Duration	279 degrees

enter the initial conditions and boundary conditions and all other relevant data as close to the real case as possible. However all entered data is valid only for one situation. When the operating mode of the engine is changed, A/F ratio, start of injection and combustion duration will change too. These have to be specified for each case. However, the boost case explorer enables to define many of the parameters as variable. For running the model, first of all, the Naturally Aspirated (NA) engine was tested that was used for evaluating the results of the engine equipped with VVT. First of all, for running the both models, six cases were tested: 1000-2000 rpm (low end), 2000-4000 rpm (moderate) and 4000-6000 rpm (high end). For each speed, we extracted the following main parameters of the engine: effective power, effective torque and indicated specific fuel consumption (ISFC). Table 3, Table 4 and Figure 5 to Figure 7 show the results and trends of these parameters for diverse speeds for both the NA Engine and TC Engine, respectively. The results show that the trend of changes in effective power and torque are the same for both engines. In the NA engine, it was observed that at 4000 rpm, the effective torque is in maximum limit and after 4000 rpm the torque hold a downward trend. The amount of power hold an increasing trend. In addition, there is a sharp decrease in the indicated specific fuel consumption from 1000 rpm to 2000 rpm. Past 2000 rpm, the fuel consumption maintains a small upward trend. In the TC engine, At 1000 rpm, the effective torque is in maximum limit and after that it shows a downward trend. For the effective power as figure 6 shows, the amount of power exhibits an increasing trend. There is a sharp increase in the indicated specific fuel consumption from 2000 rpm to 7000 rpm. Furthermore, the optimum situation for ISFC happened when the engine works at 2000 rpm.

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Table 3	Result	of the NA	engine	when	the	valve	norts	were	fixed
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	4-Cylinder NA Engine										
ſ	Engine speed (rpm)	Effective torque (Nm)	Effective power (kW)	ISFC (g/kWh)							
ſ	1000	132.4	13.8	233.4							
ſ	2000	146.5	30.5	221.7							
ľ	3000	150.7	43.8	220.9							
ſ	4000	154.3	64.6	221.6							
ľ	5000	139.1	72.8	222.1							
ſ	6000	134.5	84.5	223							
ſ	7000	123.9	90.8	227.5							

4-Cylinder TC Engine									
Engine speed (rpm)	Effective torque (Nm)	Effective power (kW)	ISFC (g/kWh)						
1000	406.6	42.6	232						
2000	394.9	82.7	229						
3000	382.7	120.2	237.7						
4000	358.5	150.2	242.9						
5000	333.8	174.8	251.4						
6000	309.1	194.2	259.9						
7000	270.1	198	267.9						

Table 4. Result of the TC engine when the valve ports were fixed



Figure 5. Effective torque vs engine speed – NA engine-TC engine



Figure 6. Effective power vs engine speed – NA engine-TC engine



Figure 7. Indicated specific fuel consumption vs engine speed – NA engine-TC engine

Results of VVT for each valve

In the next step, all parameters were kept constant, except the Intake Valve Opening (IVO) angle. This angle were altered between -20 to 20 degree (some of the simulations cases done in period of (-25 to 25)). After that the influence of Intake Valve Closing (IVC) was investigated as same as IVO. Finally, we repeated those works for Exhaust Valve Opening (EVO) and Exhaust Valve Closing (EVC). Having used these methods to observe the effect of each port, we ran the systems in which all the ports-timing were modified between -20 to 20 crank angle degrees and worked at the same time. Consequently, these results enabed us to gain a better understanding about the function of not only each valve but also the condition when the all ports work simultaneously. Tables 5 and 6 show the percentage of improvements in each valve at diverse speeds of both engines for torque-power and ISFC respectively, which will be demonstrated as follows:

Intake valve opening effect

In the NA engine, we see a minor improvement in effective torque and power when the intake valve open earlier than normal time (EIVO strategy) and this improvement decreases in the engine's high speeds. In contrast, by increasing the speed, the indicated specific fuel consumption improves. In the engine equipped with a turbo-charger, the result show that we have a significant refinement (up to 4%) in torque and power with the same strategy, specially in high speeds of engine. Moreover, in low speeds with shifting +10 degree of crank angle, we can achieve up to 0.73% of improvement in ISFC.

Intake valve closing effect

In the NA engine, there are two strategies for IVC in different speeds; from low speed to midrange speeds, early intake valve closing strategy (EIVC) was used and can be achieved up to 7.11% of improvement for effective torque and power; however, this improvement is minor (0.2%) for ISFC. For higher speeds, the late intake valve closing strategy (LIVC) has better result for both engine performance and fuel consumption. For turbocharged engine, the greatest impacts can be achieved by EIVC strategy in low engine speeds and are about 4.83% for torque and power as well as 0.38% for ISFC.

Type of ongine		Engine speed (rpm)						
	Type of engline	1000	2000	3000	4000	5000	6000	
IVO	NA engine	0.39	0.48	0.7	0.16	0.014	0.7	
100	Turbocharged engine	0.004	0.73	1.06	0.26	1.81	4	
N/C	NA engine	7.11	3.88	5.41	0.31	0.46	1.2	
	Turbocharged engine	4.83	3.64	1.6	0.38	0.01	4.24	
EVO	NA engine	3.24	1.13	0.88	2.28	2.11	1.58	
EVO TI	Turbocharged engine	15.37	0.02	0.93	4.76	1.78	5.54	
	NA engine	2.09	0.37	0.53	0.62	0.38	1.02	
EVC	Turbocharged engine	1.74	0.37	0.15	0.37	0	3.35	

Table 5. Percentage of improvements of effective torque and effective power for both engines at different speeds

Table 6. Percentage of improvements of isfc for both engines at different speeds

Type of engine		Engine speed (rpm)						
		1000	2000	3000	4000	5000	6000	
	NA engine	0.098	0	0.01	0	0	0.55	
100	Turbocharged engine	0.58	0.52	0.19	0.19	0.27	0.66	
IVC	NA engine	0.2	0.04	0.07	0.26	0.2	0.46	
	Turbocharged engine	0.38	0.14	0.21	0.33	0.37	0.67	
EVO	NA engine	1.2	0.77	0.73	0.59	0.25	2.2	
EVO	Turbocharged engine	0.57	0.07	0	0.1	0	0.38	
	NA engine	0.74	0.25	0.01	0.07	0	0	
EVC	Turbocharged Engine	0.72	0.27	0.45	0.85	0.49	0.56	

Exhaust valve opening effect

In the investigation of EVO, in the Engine without a turbocharger, the most significant changes can be seen in fuel consupption: in low rpms the fuel consumption can be improved up to 1.2% by late exhaust valve opening (LEVO) strategy. Moreover, in this strategy the amount of power and torque can be increased by 3.24% in low speeds. In the turbocharged engine, with early exhaust valve opening we better results can be obtained, specially in torque and power these improvements are significant in low to mid-range speed, reaching 15.7% improvements. In high speeds by shifting the valves to LEVO strategy, the torque and power were raised by 5.54%. Unfortunately, the improvements of ISFC in EVO are not significant for both engines.

Exhaust valve closing effect

By altering the exhaust valve closing timing for both engines, it can be observed that the best strategy for optimizing the power, torque and ISFC is late exhaust valve closing (LEVC), except in high speeds of NA engine where the improvements are minor.

Possible strategies when 4 valves changed simultaneously

There are 8 different strategies for VVT, including:

- 1. Late intake valve closing (LIVC).
- 2. Early intake valve closing (EIVC).
- 3. Late intake valve opening (LIVO).
- 4. Early intake valve opening (EIVO).
- 5. Early exhaust valve opening (EEVO).
- 6. Late exhaust valve opening (LEVO).
- 7. Early exhaust valve closing (EEVC).
- 8. Late exhaust valve closing (LEVC).

The effects of possible VVT strategy combinations in different speeds were analysed by simulations and combined to find the most advantageous strategies and correct amount of overlaps to obtain significant benefits in improving the engine performance parameters and fuel consumption. Tables 7 and 8 indicate the possible combination of strategies in NA engine for gaining maximum improvements of effective powertorque and indicate specific fuel consumption, respectively. According to the results, in rmps between low to mid-range speeds, to achieve the greatest improvements in effective power and torque and smooth idling at low rpm, we ought to decrease the valves overlap duration to 30 degrees because the valve overlap in our conventional engine is 56 degrees of the crank angle,. Thus, this operation was based on the degree of advance on both IVC and EVC, and the degree of delayed IVO and EVO. In contrast, by combining LIVC and EEVO at high speeds in the NA engine, the engine wants to increase the valve overlapping period to provide better discharge of the burned

Table 7. Combination of strategies for improvements of eff. power nad eff. torque in NA engine

Engine	NA engine torque and power							
speed (rpm)	EIVO	LIVO	EIVC	LIVC	EEVO	LEVO	EEVC	LEVC
1000		×	×			×	×	
2000		×	×			×	×	
3000		×	×			×	×	
4000		×	×			×	×	
5000				×	×			
6000				×	×			

Table 8. Combination of strategies for improvements of ISFC in NA engine

Engine				NA e	ngine ISFC			
speed (rpm)	EIVO	LIVO	EIVC	LIVC	EEVO	LEVO	EEVC	LEVC
1000		×				×		
2000			×			×	×	
3000						×		
4000						×		
5000				×		×		
6000								×

gases. As the Table 8 indicates, the most effective strategy for reducing fuel consumption is to open the exhaust valve later than normal degree, which causes greater expansion and increases the pumping losses at the beginning of the exhaust stroke.

As Table 9 shows, advancing the overall valves timing is better for low to mid-range engine speeds in power and torque improvements. This is because the valves are closing a little sooner. The intake closes at or near the piston at BDC for the start of the compression stroke. This strategy is significant at low rpm, because the intake air velocity is low and easily affected by the changes in the direction of piston movement in the engine. Almost as soon as the piston gets to BDC on the intake stroke, the air cannot escape as the pistons start to move to the TDC on the compression cycle. Better results were obtained at high speeds when the overall cam timing was retarded because the air can continue to flow into and fill the cylinder, even after the piston has begun to travel up the cylinder bore. This can allow

a boosted engine to exceed the optimum volumetric efficiency, if even by a small amount. Table 10 indicates the acceptable combination of strategies for decreasing the fuel consumption. When it comes to the possible and correct strategies in TC engines to reduce fuel consumption, it should be noted that due to complex treatment of VVT on turbocharger, it is harder to investigate ISFC in the TC engine than in the NA engine. When the intake manifold pressure is higher than the atmosphere pressure, an increased valve overlap (retarded the exhaust valves, and/or advanced the intake valves), increases the cylinder charge flow. Consequently, it causes higher temperature of gases which are better at spooling the turbine and help spinning it turbine faster. In contrast, by increasing overlap duration, we observed an increasing trend in ISFC too. Accordingly, we should advance the exhaust valve, and retard the intake valve.

The overall best results, based on improving the Effective Torque, Effective Power and ISFC

 Table 9. Combination of strategies for improvements of eff. power nad eff. torque in TC engine

Engine				TC engine	torque and pow	ver		
speed (rpm)	EIVO	LIVO	EIVC	LIVC	EEVO	LEVO	EEVC	LEVC
1000	×						×	
2000	×		×				×	
3000	×				×		×	
4000		×						×
5000		×						×
6000		×		×				×

Table 10. Com	bination of st	trategies for	improvements of	of ISFC in TC engine
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Engine speed (rpm)	TC engine ISFC										
	EIVO	LIVO	EIVC	LIVC	EEVO	LEVO	EEVC	LEVC			
1000		×		×			×				
2000		×			×						
3000		×			×						
4000				×			×				
5000				×			×				
6000		×		×			×				

Table 11. Percentage of improvements for overall conditions

Tune of engine		Engine speed (rpm)							
Ty	1000	2000	3000	4000	5000	6000			
NA engine	Eff. torque and power	10.8%	8.82%	7.97%	3.51%	3.05%	3.06%		
	ISFC	3.21%	1.82%	0.73%	0.59%	0.29%	1.21%		
TC engine	Eff. torque and power	7.07%	5.74%	3.21%	3.96%	4.43%	5.61%		
	ISFC	3.7%	1.7%	3.29%	2.87%	3.66%	2.28%		



Figure 8a. Effective Power vs Engine Speed in NA Engine -VVT -Fixed ValveFigure 8b. Effective Torque vs Engine Speed in NA Engine -VVT -Fixed ValveFigure 8c. ISFC vs Engine Speed in NA Engine -VVT-Fixed Valve



Figure 9. Effective Power vs Engine Speed in TC Engine -VVT-Fixed ValveFigure 9b. Effetive Torque vs Engine Speed in TC Engine -VVT-Fixed ValveFigure 9c. ISFC vs Engine Speed in TC Engine -VVT-Fixed Valve

for both engines, are presented in Table 11. The results show that for both NA and TC engines, the greatest changes were made in the low engine speeds. In comparison with the results in Table 5 in which we shifted just one port, in most cases we have better result by combinations of strategies except in the improvements of torque and power in the TC engine at low engine speed. Figures 8a,b,c and Figure 9a,b,c indicate the trend of improvements when the all the ports shifted at the same time for the NA and TC engines, respectively. It can be observed that in the NA engine, from low to mid-range engine speeds, the VVT has significant effects on all parameters in comparison to high speeds, except from 5000 to 6000 rpm, where we see a sudden improvement in ISFC. In the TC engine model, the results show that at low engine speeds the VVT has remarkable effects on indicated specific fuel consumption. It is interesting that at moderate engine speeds in the TC engine model, the efficiency of VVT is at the minimum level.

CONCLUSIONS

This study was concerned with optimizing VVT systems in the NA and TC engines for investigating the most effective strategies for improving the engine performance and fuel economy at full load condition. In addition, possible combinations of diverse strategies were developed to study the parameters. "Variable" ability in valve timing can be used to better suit the aspiration capability of an engine, resulting in an improved fuel efficiency, improved torque characteristics, increased horse power and improved engine smoothness. In this research, the function of the valves is studied both individually and in combination. In the NA engine, variations of IVC have the largest effects on the power and torque changes at low to moderate engine speeds (7.11% at 1000 rpm and 5.41% at 3000 rpm). Second to IVC, variation of EVO, especially when the exhaust valve opens later than the normal, the crank angle degree has the greatest effect. For instance, the improvements of power and torque at 5000 rpm are 2.11% in EVO shifting and 0.46% in IVC shifting. Unlike torque and power, the total improvements of ISFC by shifting of each valve are more remarkable in the turbocharged model, except in EVO. In the application of a turbocharger, lesser overlap duration is more acceptable due to the pressure of exhaust valve which is higher than in the NA engine. As a result, more overlap can allow backflow near TDC with pollution and heating of the intake charge. Combining two or more strategies (with more than two valve ports shifted simultaneously), better results can be obtained for the performance of both the NA and TC engines. For example, the average improvements of torque and power in NA engine are 3.06 for the first mode (just one port shifted) and 6.2% for the second mode (more than two ports shifted). In the second mode, the improvements of ISFC for both engines are much higher than in the first mode. The authors observed that it is hard to apply a single specific algorithm to gain a suitable improvement in both power and fuel consumption especially for the TC engines. The effect of VVT strategies on the exhaust emissions which has not been within the scope of this work can be investigated as a part of after-treatment analysis. Coupling this simulation with the CFD analysis of combustion process and an Exhaust Gas Recirculation (EGR) system can provide accurate results in future work.

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